

Kate King FMHC

Kate King BSc BA is a lived experience adviser on mental health inpatient care.

She was a member of core working group of the Independent Review of the Mental Health Act 2018. She served on NICE guideline development committees on Managing Violence and Aggression and on Transitions between Inpatient mental health settings and the Community. She is currently a Service User representative with the RCPsych on their General Adult and Eastern Division committees.

She has experience of repeated detention and inpatient life on acute, rehab and secure rehab wards.

She is a published poet under her maiden name, Kate Bass, and one of her poems, *The Albatross*, which explores post-natal depression, is regularly studied by US schoolchildren as a set work in a national recitation competition.

