

Kim Forrester FMHC

Kim is the Head of Mental Health Policy at the Care Quality Commission where she has worked for the last five years in their policy and strategy unit. Kim's specialist areas include Mental Health Law, NHS governance, safety and quality improvement. She heads up the team leading on the quality regulators policy development in mental health, learning disability and substance misuse services for the CQC.

Prior to CQC, Kim worked in NHS mental health providers. Offering specialist advice and support across law, regulation, governance, quality, audit and commissioning areas for a range of mental health, community & prison services. She has also worked with training providers to deliver mental health law training to services and Local Authority providers.

Kim has an LLM in Mental Health Law: Policy and Practice and a Post Graduate Certificate in Medical Science. She is passionate about human rights and making sure her work has direct impact and influence on improving the quality, care and safeguards for vulnerable groups in the UK. This has included being a member of national working groups to review the Mental Health Act and Mental Health Act Code of Practice, co-leading the review of the way the NHS investigates the deaths of patients and currently co-leading the thematic review of restraint, seclusion and segregation.

From a very young age she has provided mental health carer support and more recently had her own mental health issues. Kim's approach to national policy benefits from this ongoing experience of direct impacts of mental and physical health services and complex local systems of health and social care delivery.

