

Millie Macdonald FMHC

Millie was the first Fellow recognised by the Mental Health Collective. Having worked with Amy in her previous role at the Mental Health Foundation, she had the privilege of watching the Mental Health Collective grow from an inspired idea to the organisation it is today.

Millie's background is in health and social care policy, and has experience across the private, public and third sector. She has a both a professional and personal understanding of the challenges facing the mental health sector and sees the Mental Health Collective as a central tool to empower and support positive conversations about good mental health.

