

Russell Razzaque FMHC

Dr Razzaque trained at the Royal London Hospital in the 1990s and he currently works as a Consultant Psychiatrist in north east London, where he is also Director of Research. Additionally, he currently serves as an elected member of the Council of the Royal College of Psychiatrists, and he is a Visiting Professor at London South Bank University.

His particular field of clinical and research interest is mindfulness – which he has been a trainer in for over ten years – and Open Dialogue. He is currently leading a national initiative to bring Open Dialogue to the NHS, helping to coordinate an NIHR funded multi-centre randomised controlled trial. He has also published numerous papers in this area in recent years in peer reviewed journals.

Russell is a published author in human psychology, with several books in the area, and he has also been a regular contributor to several national and international publications including *Psychology Today*, *The Guardian*, *The Telegraph* and *The Independent*.

