

Vicky Romback FMHC

Vicky has worked for the Health Service for 15 years and has focused her career on quality improvement and inpatient mental health care. Vicky currently works as Matron of Acute Inpatient services in Plymouth for both adolescents and working age adults.

Vicky is also Quality Improvement lead for Mental health within the organisation and will soon be embarking on a secondment, working as a Specialist Improvement Coach.

Vicky is incredibly proud to manage one of the 6% of adult mental health units rated Outstanding by the CQC and owes that achievement to the adoption of Quality Improvement within the unit. Vicky recently had the privilege of being part of the Independent Review of the Mental Health Act, specifically working on the Dignity and Safety topic group with colleagues at the Department of Health. Vicky is passionate about the elimination of blanket restrictions in inpatient care.

Vicky's areas of interest and experience are team/people development, cultural change in quality improvement and co-production with people who access care and their families. Vicky is also a new member of the Q Community.

